



**HKU  
Med**

School of Clinical Medicine  
Department of Orthopaedics  
& Traumatology  
香港大學矯形及創傷外科學系

HA Central Commissioned  
Training Program (CCTP) 2024/25:  
**STATE OF THE ART  
IN KNEE SURGERIES**  
COC (O&T)

**4-6 October**

Fri-Sun  
2024

Lectures: Lecture Theater 2, C/F, William MW Mong  
Cadaveric Workshop: Surgicla Skills Centre, 10/F, Laboratory Block  
Faculty of Medicine Building, 21 Sassoon Road

**Day 1 – 4 October 2024 (Friday)**

| Time   | Topic   | Speaker     | Moderator |
|--|---|-------------|-----------|
| 8:30-8:50                                    | Registration  |             |           |
| 8:50-09:00                                   | Welcome speech  | YB Wong     |           |
| <b>Session 1 - Trauma</b>                    |   |             | C Yung    |
| 09:00-09:15                                  | Distal femur plating and dual plating – When and How?                                   | F Leung     |           |
| 09:15-09:30                                  | Nail and Nail-Plate constructs for Distal femur fractures                               | C Fang      |           |
| 09:30-09:45                                  | Management of Hoffa fractures and Complex articular distal femur fractures              | H Minehara  |           |
| 09:45-10:00                                  | Approaches to the proximal tibia  | H Minehara  |           |
| 10:00-10:30                                  | Case discussion   | All faculty |           |
| 10:30-11:00                                  | <i>Break</i>  |             |           |
| 11:00-11:15                                  | Column theory and application   | C Fang      | C Yung    |
| 11:15-11:30                                  | Medial column fractures   | F Leung     |           |
| 11:30-11:45                                  | Rim fractures and articular depression  | H Minehara  |           |
| 11:45-12:30                                  | Case discussion and summary of session 1  | All faculty |           |
| 12:30-13:30                                  | <i>Lunch</i>  |             |           |
| <b>Session 2 - Joint replacement surgery</b> |   |             | TL Choi   |
| 13:30-13:45                                  | Robotic Knee Replacement Surgeries: Cutting-Edge Advancements and Clinical Applications | A Cheung    |           |
| 13:45-14:00                                  | Personalized Alignment in Total Knee Arthroplasty                                       | S Young     |           |
| 14:00-14:15                                  | Addressing Challenges and Breakthroughs in Revision Knee Surgeries                      | PK Chan     |           |
| 14:15-14:30                                  | Classification and Treatment of PJI with DAIR   | S Young     |           |
| 14:30-15:15                                  | Case discussion and summary of session 2  | All faculty |           |
| 15:15-15:45                                  | <i>Break</i>  |             |           |

| <b>Session 3 - Sports Medicine</b> |  |             | K Wan |
|------------------------------------|--|-------------|-------|
| 15:45-16:00                        | Tips and Techniques for Achieving Success in Anterior Cruciate Ligament (ACL) Reconstruction | S Tapasvi   |       |
| 16:00-16:15                        | Patellofemoral Instability - Strategies for Optimal Management                               | S Young     |       |
| 16:15-16:30                        | Advances in Meniscus Surgery for Joint Preservation  | W Li        |       |
| 16:30-16:45                        | Managing Knee Osteoarthritis in Young Patients   | S Tapasvi   |       |
| 16:45-17:00                        | Which Graft to Use and When to add a Lateral Procedure in ACL Reconstruction                 | S Young     |       |
| 17:00-17:15                        | ACL/PCL Avulsion Fractures and Knee Fracture Dislocations                                    | TM Wong     |       |
| 17:15-17:30                        | Case discussion and summary of Session 3   | All faculty |       |

- End of Day 1 -

*Venue: Lecture Theater 2, Cheung Kung Hai Conference Centre, G/F, William MW Mong Block, 21 Sassoon Road, Pokfulam, Hong Kong*

## Day 2 – 5 October 2024 (Saturday)

### Cadaveric Workshop

| Time  | Contents  | Faculty   |
|---|---|---|
| <b>Session 1 – Sports: Multiligament injury and knee preservation surgery</b> |   |   |
| 09:00-12:30   | -PLC reconstruction<br>-MCL reconstruction<br>-Meniscus root repair   | W Li, S Young, S Tapasvi, YB Wong, TM Wong, K Wan |
| 12:30-13:30   | <i>Lunch</i>  |   |
| <b>Session 2 – Trauma: Trauma around knees</b>                                |   |   |
| 13:30-17:00   | -Approaches to distal femur<br>-Approaches to proximal tibia including posterior<br>-Plating to distal femur and proximal tibia | F Leung, H Minehara, C Yung, C Fang, TM Wong      |

- End of Day 2 -

## Day 3 – 6 October 2024 (Sunday)

### Cadaveric Workshop

| Time                                       | Contents     | Faculty                                 |
|--|--------------|---|
| <b>Session - Joint replacement surgery</b> |              |   |
| 09:00-10:30<br>10:30-12:30                 | -Uni<br>-TKR | PK Chan, A Cheung, TL Choi, Simon Young |

- End of Day 3 -

Venue: 10/F, Laboratory Block, Faculty of Medicine Building, 21 Sassoon Road, Pokfulam, Hong Kong